

GLUTEN FREE MENU:

SPAM AND EGGS: SERVED WITH RICE
GRILLED MAHI-MAHI
GRILLED TILAPIA
KALUA PORK
LEMON PEPPER CHICKEN
GRILLED KOREAN SHORT RIBS
GRILLED BEEF
PORTUGUESE SAUSAGE AND EGGS

GLUTEN FREE SIDES:

(BROWN RICE, WHITE RICE, SEASONAL VEGETABLES, SALAD)

DRESSINGS:

(RANCH, HONEY MUSTARD, BLUE CHEESE)

CATERING SIDES:

WHITE RICE
MACARONI SALAD
PASTA SALAD
FRUIT SALAD
POTATO SALAD
BROWN RICE
HAWAIIAN SALAD
CHIPS
MIXED VEGETABLES
(50 CENTS EXTRA PER PERSON)

DESSERTS

INDIVIDUAL OR ASSORTED DESSERT TRAYS ARE AVAILABLE FOR ONLY \$2 PER PERSON AND INCLUDE TREATS LIKE OUR MACADAMIA NUT LEMON BARS, SAMOA TOFFEE BARS, UPSIDE DOWN CAKE, COOKIES, AND CREAM CHEESE BROWNIES

FULL SIZED CAKES ARE \$25:

(CAKES AVAILABLE ARE SEASONAL BUT INCLUDE: PINEAPPLE UPSIDE DOWN CAKE, GUAVA CAKE, MANGO SPICE AND HAWAIIAN WEDDING CAKE)

Mama's

Hawaiian Bar-B-Cue

CATERING MADE EASY

MAMA'S OFFERS A WIDE VARIETY OF CATERING OPTIONS TO FIT YOUR EVERY NEED

MAMA'S FOOD IS DELIVERED FRESH AND HOT TO ANY LOCATION WHETHER IT BE A BALL FIELD OR A CORPORATE OFFICE

MAMA'S CAN CATER TO YOUR EVERY DIETARY NEED BECAUSE WE ARE LOCAL AND WE CARE ABOUT SERVING THE BEST TO EVERY GUEST



For More Information Contact:
Rancho Sahuarita at 520-207-8187
Tucson: University at 520-792-2350
Tucson: Eastside 520-770-7800
Marana at 520-572-5225
Anthem - Coming Soon

FOOD FOR EVERY OCCASION

- APPETIZERS
- SALADS
- SANDWICHES
- WRAPS
- BOX LUNCHES
- HAWAIIAN FOOD
- BREAKFASTS
- PASTRIES
- DESSERTS
- THEMED LUNCHES
- LUAU'S
- GLUTEN FREE



OH MAMA'S!

A GUIDE TO AMAZING CATERING FROM

Mama's

Hawaiian Bar-B-Cue

ALOHA SPIRIT



ISLAND FLAVORS



HOMEMADE DESSERTS



AND MUCH MORE...

QUICK GUIDE TO CATERING

- EACH CATERING HAS THE OPTION TO BE DELIVERED OR PICKED UP.
- THE COST FOR DELIVERY IS \$15.00 AND INCLUDES SET-UP OF THE FOOD UPON THE DRIVER'S ARRIVAL.
- YOU CAN PICK FOOD UP AT ANY LOCATION FOR NO CHARGE.
- EACH CATERING IS CHARGED A CATERING FEE OF \$10.00 PER FIFTY PEOPLE: THIS FEE COVERS ALL OF THE CATERING SUPPLIES THAT WE PROVIDE INCLUDING: PLATES, DESSERT PLATES, APPETIZER PLATES, NAPKINS AND SILVERWARE, SAUCES AND DRESSINGS, SERVING PLATTERS AND SERVING UTENSILS.
- CATERINGS ARE TYPICALLY SERVED FAMILY STYLE BUT CAN ALSO BE INDIVIDUALLY BOXED AT NO ADDITIONAL CHARGE.
- WE OFFER THE USE OF CHAFING DISHES AND HAWAIIAN TABLE CLOTHS FOR NO ADDITIONAL CHARGE. THEY MUST BE RETURNED WITHIN TWENTY FOUR HOURS OF THE EVENT.
- WE ARE ALWAYS WILLING TO TRY AND ACCOMMODATE SPECIAL REQUESTS JUST LET US KNOW HOW WE CAN HELP MAKE YOUR CATERING A SUCCESS.

APPETIZERS

\$2.00 PER PERSON

- TERIYAKI MEATBALLS
- SPRING ROLLS

\$3.00 PER PERSON

- PULLED PORK SLIDERS
- COCONUT SHRIMP
- BEEF TERIYAKI SKEWERS
- CHICKEN TERIYAKI SKEWERS
- TERIYAKI SHRIMP SKEWERS

HAWAIIIAN

SERVED WITH CHOICE OF TWO SIDES
(TYPICALLY RICE AND MACARONI SALAD)
ADD AN ADDITIONAL SIDE FOR ONLY ONE DOLLAR PER PERSON.

\$7.00 PER PERSON

- **KALUA PORK:** SLOW ROASTED FOR 18 HOURS THIS ISLAND DELIGHT MELTS IN YOUR MOUTH (ALSO AVAILABLE WITH CABBAGE)
- **TERIYAKI CHICKEN:** ALL WHITE MEAT CHICKEN BREAST MARINATED IN HOMEMADE TERIYAKI AND FLAME GRILLED
- **CHICKEN KATSU:** PANKO BREADED CHICKEN BREAST, LIGHTLY FRIED AND SERVED WITH KATSU SAUCE
- **TERIYAKI TOFU:** MARINATED AND LIGHTLY FRIED
- **MACADAMIA TILAPIA:** CRUSTED IN CRUSHED MACADAMIA NUTS AND PANKO AND LIGHTLY FIRED.

\$8.00 PER PERSON

- **TERIYAKI BEEF:** THIN SLICED BEEF, MARINATED IN HOMEMADE TERIYAKI SAUCE AND FLAME GRILLED TO PERFECTION
- **TERIYAKI SHRIMP:** GRILLED AND SERVED WITH FRESH PINEAPPLE AND TERIYAKI SAUCE.

\$9.00 PER PERSON

- **KALBI SHORT RIBS:** BEEF SHORT RIBS, CUT KOREAN STYLE, MARINATED IN MAMA'S TERIYAKI SAUCE AND FLAME GRILLED
- **GRILLED MAHI-MAHI:** MAHI FILET SEASONED IN CITRUS AND PEPPER AND GLAZED WITH TERIYAKI SAUCE
- **COCONUT SHRIMP:** COCONUT AND PANKO BREADED SHRIMP, LIGHTLY FRIED

SALADS

TWO OPTIONS FOR ORDERING:

\$7.00 PER PERSON OR A LA CARTE \$25.00 EA.
(A LA CARTE SALADS FEED 6-8)

- **HAWAIIAN CHICKEN SALAD:** GRILLED TERIYAKI CHICKEN BREASTS ON TOP OF MIXED GREENS, CARROTS, AND OUR FRESH PINEAPPLE PICO DE GALLO. (PINEAPPLE, TOMATO, RED ONION AND SPICES)
- **TERIYAKI BEEF SALAD:** THIN SLICED AND FLAME GRILLED ON TOP OF MIXED GREENS, CARROTS, AND OUR FRESH PINEAPPLE PICO DE GALLO. (PINEAPPLE, TOMATO, RED ONION AND SPICES)
- **ORIENTAL SALAD:** KATSU CHICKEN ON TOP OF MIXED GREENS WITH TOASTED HONEY GLAZED ALMONDS, WONTON STRIPS AND MANDARIN ORANGES (ALSO AVAILABLE WITH SHRIMP OR BEEF)

SANDWICHES AND WRAPS

\$7.00 PER PERSON WITH CHIPS OR ONE SIDE DISH

- **TERIYAKI CHICKEN:** GRILLED TERIYAKI CHICKEN, TOPPED WITH GRILLED PINEAPPLE, LETTUCE TOMATO AND ONION ON THE SIDE.
- **PULLED PORK:** A HALF POUND OF OUR MOUTH WATERING KALUA PORK, SERVED WITH LETTUCE, TOMATO AND ONION ON THE SIDE.
- **TERIYAKI BEEF:** THIN SLICED AND FLAME GRILLED SERVED WITH LETTUCE, TOMATO AND ONION ON THE SIDE.
- **OTHER SANDWICHES AVAILABLE ON REQUEST:** 48 HOURS NOTICE REQUIRED CLUB, TURKEY AND SWISS, HAM AND CHEDDAR, SOUTHWEST CHICKEN, STEAK AND CHEESE, AND ROASTBEEF.
- **WRAPS AVAILABLE:** TERIYAKI CHICKEN, TERIYAKI BEEF, SONORAN CHICKEN OR BEEF, CHICKEN CAESAR.